Safety Group Meeting 2

Popular SG element - Resource Sharing
Ergonomics
ERGO- HSAGS resources

- Video: Ergonomics in Health Care: A Fitting Solution
- Handle with Care Program- resource and training program
- Be Pain Free: Think MSD- training program
- MSD Prevention Guideline/ Resource and Toolbox for Ontario
- CBI - Hands on Train the Trainer
- Fact Sheets
  - Ergo Tips for laundry, dietary and client bathrooms
  - Building a Client handling program
  - Back Care
  - How much can I lift
  - Repetitive Strain Injuries
- Client Handling Logo cards and assessment sheets
### C.A.R.E. Card

**Client Mini-Assessment (C.A.R.E.)**

**Before moving a client check for:**

<table>
<thead>
<tr>
<th>Communication</th>
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<tbody>
<tr>
<td>Change in ability to communicate?</td>
</tr>
<tr>
<td>Change in ability to follow simple commands?</td>
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<tr>
<td>Change in eye contact?</td>
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<table>
<thead>
<tr>
<th>Ability</th>
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<tbody>
<tr>
<td>Change in medical condition?</td>
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<tr>
<td>Change in physical ability?</td>
</tr>
<tr>
<td>Change in range of motion?</td>
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<tr>
<td>Change in energy level?</td>
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<tr>
<td>Change in mental alertness?</td>
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<table>
<thead>
<tr>
<th>Resistance</th>
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</thead>
<tbody>
<tr>
<td>Change is participation or co-operation level?</td>
</tr>
<tr>
<td>Change in level of aggression?</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Equipment/Environment</th>
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</thead>
<tbody>
<tr>
<td>Change in availability of equipment and correct accessories (e.g., slings)?</td>
</tr>
<tr>
<td>Obstacles along the travel path?</td>
</tr>
<tr>
<td>Equipment function and position?</td>
</tr>
<tr>
<td>Correct positioning of bed, equipment, etc.?</td>
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**No:** If the answer to all of the following questions is “No”, the caregiver can proceed with the prescribed procedure.

**Yes:** If the answer to one or more of the questions is “Yes”, the ongoing client assessment should be completed to determine an appropriate procedure.
HSAGS Resources - Handle with Care Communication

Logo-Samples
Sample Client Mobility Assessment Algorithm - Appendix N

Prior to proceeding with the Client Mobility Assessment:

a) Ensure the client is medically safe to move, and assess their height and weight
b) Assess the client’s pain level & medical devices to ensure they can proceed safely with a client handling procedure
c) Ensure environmental conditions and equipment are suitable to perform the task
d) Ensure the caregivers are trained and competent to perform the tasks

Complete the client mobility assessment, answer the algorithm questions & select a procedure

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**Assumption**

This algorithm has been designed for organizations with a no-lift or minimal-lift policy that prohibits or restricts the use of manual client lifting to emergency or life threatening situations.

**Bariatric Clients**

Clients with a body mass index (BMI) of greater than 30 may require bariatric equipment, furniture and additional space and assistance from caregiver(s). The BMI is calculated by dividing the client’s weight (kg) by their height (m) squared.

**Bariatric Lift**

A generic term referring to a lift for clients with a body mass index (BMI) between 30 and 40. (Veterans Health Administration, 2001)
Client Handling

http://learn.phsa.ca/phsa/patienthandling/
Client Handling

Patient Handling Guidelines

Patient Risk Assessment

A Patient Risk Assessment is performed first.

Each staff should do a patient risk assessment before each transfer to assess if the patient:

- Can cooperate and follow directions
- Bear weight
- Has good balance

This determines the best transfer procedure.
Resources – Ergonomics in Home Healthcare

• Employers and workers should gather as much information as they can about ergonomics in home healthcare, starting with the resources listed below:

• NIOSH Hazard Review: Occupational Hazards in Home Healthcare

• Preventing Back Injuries in Healthcare Settings

• Safe Lifting and Movement of Nursing Home Residents


• [http://www.cdc.gov/niosh/blog/]
Infection Prevention & Control
IP&C- HSAGS resources

• Pandemic Preparedness Resource and training program
• Respiratory Protection Resource and training program
• Infection Control for Caregivers Resource and training program
• SEMS Resource and training program
• Videos
  – Don of a New Day
  – Personal Protection Against Infection
  – Breathe Safe: Fitting the Right Respirator
IP&C- HSAGS resources

• Fact Sheets
  – Influenza
  – West Nile virus
  – Hand Hygiene
  – Tuberculosis
  – Safe handling of Sharps

• Infection Control Precautions Cards

• OSACH - Protecting Health Care Workers From Infectious Diseases: A Self-Assessment Tool
IP&C Resources

• MOHLTC
  – Regional Infection Control Networks (RICN)-
    http://www.health.gov.on.ca/english/providers/project/ohp/ricn_mn.html
  – Provincial Infectious Diseases Advisory Committee (PIDAC)-
  – Infection Prevention and Control Core Competency Education-
Videos

Videos

http://www.youtube.com/usdepartmentoflabor#p/u/4/Tzp5fko-fg
Orientation
HSAGS Resources - Orientation

• Video: First Steps to Health & Safety: Orientation for New Employees
• Fact Sheets
  – Occupational Health and Safety is Everyone's Business
  – Empowerment & Self Protection: Occupational Health and Safety for Workers
  – History of Occupational Health & Safety Legislation in Ontario
• HSAGS response to MOL Campaign
  – In-person and webinar training sessions in May
Ensuring The Safety Of Young And New Workers- A four-month enforcement blitz across Ontario beginning in May 2010.

The Guide to the Occupational Health and Safety Act explains what every worker, supervisor, employer and workplace owner needs to know about the act.

Learn about last year's inspection blitz involving safety of young and new workers in the manufacturing and service sectors and the results of that blitz.

PDF Version - 43 Kb

Inspection Blitz To Focus On Young And New Worker Safety
To learn more about health and safety at work, see below.

**What’s New**
- NAOSH Week: Promoting Safe Workplaces
- Workplace Violence and Harassment: Understanding the Law
- Alert: Vine Pulling Machines on Farms
- Alert: Wood Splitters
- Protecting Workers From Workplace Violence and Workplace Harassment
- What Vehicle Body Repair Shops Need to Know
- Forklift and Lifting Devices Safety

**Key Resources**
- Guide to the Occupational Health and Safety Act
- Guide for Joint Health and Safety Committees and Representatives in the Workplace
- Posting Requirements
- Report an Incident
- Notice of Project (eNOP)
- Enforcement Statistics
- Laws and Regulations
- Canadian Standards Association (CSA) Standards

WSIB

• Hot Topics
  prevent-it.ca
  Firefighters
  Heat Stress
  Musculoskeletal Disorders
  Occupational Diseases & Illnesses
  Pandemic planning
  Road Safety
  Slips and Falls
  Violence Prevention
  Young Worker Awareness

http://www.wsib.on.ca/wsib/wsibsitelist.nsf/public/Prevention
Launching a Safe Start - An Employer's Guide (460k, pdf)

Launching a Safe Start - An Employer's Guide provides employers with basic information about rights and responsibilities, and how to develop an orientation program to protect new workers from injury and illness.

Launching a Safe Start - A Worker's Guide (575k, pdf)

Launching a Safe Start - A Worker's Guide provides workers with basic information about rights, responsibilities, the hazards they face and tips on how to protect themselves when starting a new job.

http://www.wsib.on.ca/wsib/wsibsite.nsf/Public/ReferencePreventionGettingStarted
Joint Health and Safety Committees
HSAGS Resources - JHSC

- Basic and Hazard Specific Certification Training
- Hazard Awareness and Control Training
- Incident/Event Causation and Investigation Training
- Workplace Inspection Report Form
- Employee Incident Report Form
- Home Hazards Assessment Form
- Fact Sheets
  - An Introduction to the Joint Health and Safety Committee
  - Hazards in Health Care Workplaces
  - Let's Talk About the Health Care Regulation
MOL

• A Guide for Joint Health and Safety Committees (JHSC) and Representatives in the Workplace

• **Guidelines for Workplace-specific Hazard Training of Certified Members** (152k, pdf)
  The Guidelines for Workplace-specific Hazard Training of Certified Members booklet provides information about Certification Part 1 and Part 2, and outlines how to apply to the WSIB for final certification.

• **Hazard Recognition, Assessment and Control** (44k, pdf)

http://www.wsib.on.ca/wsib/wsibsite.nsf/Public/Reference Prevention Getting Started
Other H&S Associations

• Ontario H&S associations
  – http://www.preventiondynamics.ca/

• Occupational Health Clinic for Ontario Workers
  – http://www.ohcow.on.ca/

• Canadian Centre for Occupational Health and Safety
  – http://www.ccohs.ca/

• Workers Health and Safety Centre
  – http://www.whsc.on.ca/

• Institute for Work and Health
  – http://www.iwh.on.ca/
SG Website
SG Website

OSACH Safety Group

Learn about the 2010 Safety Group here

Introducing the 2009 WSIB Sponsored Safety Group program. Click here to learn more

Please note that to be a member of OSACH's Safety Group, your firm must be in rate group 851, 852, 853, 857, 858, 861, and 875.

Click here to find out about the huge WSIB rebate received by the 2008 OSACH Safety Group.

If you're currently an OSACH Safety Group member, use your WSIB firm number to log in to the Members Only area, using the login screen here.

Application Form

Workplace Assessment Report (PDF; 521 KB)
Employers' Guidelines (PDF; 22 KB)
Workplace Assessment Report (PDF; 521 KB)

Click here to download a free copy of OSACH’s document Health and Safety in the Home Care Environment (PDF; 1.39 MB)
SG Website

OSACH Store
Member Information
Consulting Services
Education
Links
Contact Us
Site Map

Injury Statistics Reports
To obtain an Injury Frequency/Severity Benchmarking report, an Injury Demographics Report, or a Rate Group Profile report, click here.

OSACH Safety Group Team Contact List

<table>
<thead>
<tr>
<th>Name</th>
<th>Phone</th>
<th>Toll-free</th>
<th>Fax</th>
<th>Cell</th>
<th>Email</th>
</tr>
</thead>
<tbody>
<tr>
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<td>519.688.6223</td>
<td><a href="mailto:hvanhulle@osach.ca">hvanhulle@osach.ca</a></td>
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<td>1.877.250.7444 x 20</td>
<td></td>
<td>416.250.7484</td>
<td><a href="mailto:clientserv@osach.ca">clientserv@osach.ca</a></td>
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- Meeting 1 minutes
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- Safety Groups 2010 Orientation
- Safety Group AP Program 2010

2010 Safety Group Resources
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